



disAbility Resource Center



# DECEMBER

## NEWSLETTER



### dRC Peer Support Holiday Bash

Join us on Wednesday  
December 10<sup>th</sup> from 11AM-1PM  
for games, snacks, festive  
activities and great  
conversation.



Scan QR Code To Register



### Upcoming Events

#### Raising Dough

Head to Panera (1156 Military  
Cutoff Rd. Wilmington NC) on  
December 9<sup>th</sup> from 4pm-8pm  
and show the Panera Flyer  
found on our Facebook page  
for 30% of your purchase to be  
donated to dRC.

### Did You Know?

December 3rd marks **International Day of Persons with Disabilities**, a global observance dedicated to promoting understanding, inclusion, and respect for the rights and well-being of people with disabilities. Celebrated annually since 1992, this day highlights the importance of accessibility and equal participation in every aspect of society—from education and employment to community life. It serves as a reminder to break down barriers, celebrate achievements, and continue building a world where everyone can live with dignity and independence.

## ADA Corner: The Right to Equal Access Title II of the ADA

Title II ensures that state and local governments – including public schools, libraries, courts, transportation, and parks – must make their programs, services, and activities accessible to individuals with disabilities. This includes everything from accessible parking and entrances to effective communication for those who use assistive devices or interpreters.

Why it matters: Accessibility isn't just about ramps or elevators; it's about inclusion, independence, and equal opportunity for everyone to participate fully in community life. The ADA reminds us that true accessibility benefits everyone – and creates stronger, more connected communities.



**STAY TUNED**



dRC Monthly Giving Club Coming Soon

## Inclusion & Joy

"The greatest gift we can give one another this holiday season is inclusion – a place for everyone at the table."



## Empowerment & Hope

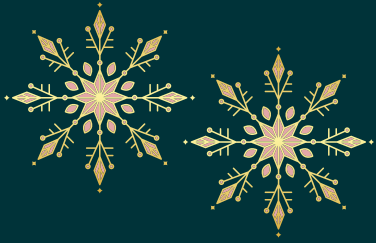
"The holidays remind us that community shines brightest when every voice and every ability is celebrated."



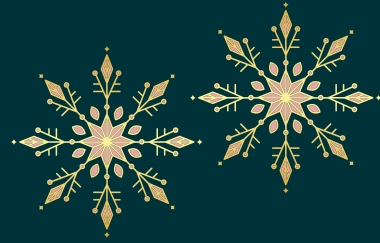
## Kindness & Understanding

"True holiday spirit is found in kindness without barriers, and joy shared by all."





# Looking Forward



## 1. Myth-Buster Mondays

Myth Buster Mondays is a new weekly series designed to break down common misunderstandings about disability, accessibility, and the rights of people with disabilities. Each Monday, we shine a light on a widespread myth, explain why it's incorrect, and replace it with clear, factual information that promotes inclusion, awareness, and respect. By tackling misconceptions—whether about service animals, disability benefits, accessibility laws, invisible disabilities, or independent living—we aim to educate our community, reduce stigma, and empower individuals with disabilities through accurate, easy-to-understand information.



## 2. Ask An Advocate (Monthly Q&A)

**Your questions. Clear answers. Real support.**

disAbility Resource Center is excited to launch "Ask an Advocate", a new monthly series where our team will answer real questions from our community about disability rights, accessible housing, benefits, accommodations, transportation, and navigating everyday challenges.

Whether you're unsure how to request a reasonable accommodation, need help understanding a housing process, or want guidance on advocating for yourself or a loved one—this series is here to break things down in a simple, supportive way.

Have a question you'd like answered?

Submit it through our social media by commenting on the monthly post, sending a direct message to our inbox, or anonymously by email!

Each month, we'll feature a new topic, share step-by-step guidance, and connect you with resources that help you build confidence and independence.

**Stay tuned for our first topic—coming soon!**